

Assisted Living
 Breakfast 7:30—9:30
 Lunch 11:30—1:30
 Dinner 4:30—6:30

Neighborhood

Breakfast 8:00 Lunch 11:30 (M-F)
 Dinner 5:00 Sunday Lunch 12:00

Dunlop House

Menu (Week # 2)
April 29th—May 5th
 Snacks are provided daily.
 ♥ Denotes Reduced Fats Healthy Choice Item

SUBSTITUTE SANDWICHES:
 For Residents Only
 *Peanut Butter & Jelly
 *Turkey or Ham are served daily.
 *All are served with chips and pickles.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A	♥Fruit Selection ♥Grits / Oatmeal / Cold Cereals Scrambled Eggs /Cheese Eggs Sausage Patty / links/ Biscuit Bacon / Cottage Cheese Assorted Pastries Hash Brown	♥Fruit Selection ♥Grits / Oatmeal / Cold Cereals Scrambled Eggs / cheese Eggs Cottage Cheese/Biscuits Bacon / sausage links/patty Assorted pastries / Donuts	♥Fruit Selection ♥Grits / Oatmeal / Cold Cereal Scrambled Eggs / Cheese Eggs Sausage links / patty / Bacon / biscuits Tater tots/Assorted pastries/Cottage Cheese	♥Fruit Selection ♥Grits / Oatmeal / Cold Cereals Scrambled Eggs / cheese Eggs Hash Brown Potatoes / Biscuits Bacon / sausage / links / patty/Danishes/ French Toast/Cottage Cheese/ Hash-browns	♥Fruit Selection ♥Grits / Oatmeal / Cold Cereals Scrambled Eggs / Cheeses Eggs Sausage links / patty / Bacon Assorted Pastries / biscuits Biscuits and Gravy/ Cottage Cheese	♥Fruit Selection ♥Oatmeal / Grits / Cold Cereals Scrambled Eggs / Cheese eggs Sausage Patty / links / bacon Tater Tots / English Muffins Assorted Pastries / Cottage Cheese/ Hash-browns	♥Fruit Selection ♥Grits / Oatmeal /cold Cereals Scrambled Eggs / cheese eggs Corned Beef hash Hash Brown / Cottage Cheese Sausage Patty / links /Bacon Assorted Pastries / biscuits
L U N C H	♥Tomato Soup 5 Cheese Grilled Cheese ♥Swedish Meatballs Cheesy Rice ♥Broccoli Rolls Blueberry Pie Sugar Free Pie	♥Caesar Salad Grilled Flank Steak ♥Tuna Casserole Roasted Red Bliss Potatoes ♥Squash Bread Sticks Chocolate Cake Sugar Free Cake	♥House Salad ♥Chicken Salad Platter Waldorf Salad Mashed Potatoes ♥Acorn Squash Buttered Texas Toast Salted Caramel Ice Cream Sugar Free Ice Cream	♥Watermelon Gazpacho Southwestern Chicken Salad ♥Grilled Ham and Cheese Curly Fries ♥Vegetable Medley Rolls Cookies Sugar Free Cookies	♥House Salad ♥Roasted Turkey Breast Stuffed Peppers Wild Rice ♥Braised Mushrooms Rolls Coconut Cream Pie Sugar Free Cake	♥Caesar Salad ♥Irish Stew Shrimp Fried Rice Herbed Cous Cous ♥Butternut Squash Ciabatta Rolls Orange Sherbert Sugar Free Red Velvet Cake	Chips with Salsa and Guacamole ♥Beef Taco's Chicken Quesadilla Black Beans ♥Saffron Rice Virgin Margarita's Chocolate Churros No Sugar Added Cookies
D I N N E R	♥Fruit Cup Braised Pork Chops ♥Reuben Sandwich Tater Tots ♥Asparagus Dinner Rolls Fruit Jello Sugar Free Jello	♥Shrimp Cocktail Chicken Jambalaya ♥Egg Salad Sandwich French Fries ♥Peas Dinner Roll Cheesecake NSA Jello	Potato Soup Sauerbraten ♥Jagerschnitzel Herbed Spatzle ♥Braised Red Cabbage Sunflower Seed Bread Black Forest Cake Sugar Free Pudding	Caesar Salad ♥Crab Stuffed Twice Baked Potato Chicken Cheesesteaks Sweet Potato Fries ♥Brussels Sprouts Wheat Rolls Ice Cream sandwich No Sugar Added Bread Pudding	Mixed Fruit Cheese Calzone ♥Chicken Livers ♥Vegetable Medley Roasted Fingerlings Dinner Rolls Oreo Bread Pudding No Sugar Added Pie	Grilled Pineapple ♥Curried Chicken Chicken Fried Steak with Pepper Gravy Mashed Potatoes ♥Zucchini Dinner Rolls Tiramisu Sugar Free Ice Cream	♥House Salad ♥Glazed Ham Shrimp Scampi Yucca Fries ♥Corn Succotash Dinner Roll Key Lime Pie ♥Sugar Free Pie