

Assisted Living

Breakfast 7:30—9:30
Lunch 11:30—1:30
Dinner 4:30—6:30

Neighborhood

Breakfast 8:00 Lunch 11:30 (M-F)
Dinner 5:00 Sunday Lunch 12:00

Dunlop House

Menu (Week # 2)

May 13th—May 19th

Snacks are provided daily.

♥ Denotes Reduced Fats Healthy Choice Item

SUBSTITUTE SANDWICHES:

For Residents Only
*Peanut Butter & Jelly
*Turkey or Ham are served daily.
*All are served with chips and pickles.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A	♥Fruit Selection ♥Grits / Oatmeal / Cold Cereals Scrambled Eggs /Cheese Eggs Sausage Patty / links/ Biscuit Bacon / Pancakes Assorted Pastries Hash Brown	♥Fruit Selection ♥Grits / Oatmeal / Cold Cereals Scrambled Eggs / cheese Eggs Cottage Cheese/Biscuits Bacon / sausage links/patty Assorted pastries / Donuts	♥Fruit Selection ♥Grits / Oatmeal / Cold Cereal Scrambled Eggs / Cheese Eggs Sausage links / patty / Bacon / biscuits Tater tots/Assorted pastries/Cottage Cheese/Spiced Apples	♥Fruit Selection ♥Grits / Oatmeal / Cold Cereals Scrambled Eggs / cheese Eggs Hash Brown Potatoes / Biscuits Bacon / sausage / links / patty/Danishes/ Pancakes/Cottage Cheese/ Hashbrowns	♥Fruit Selection ♥Grits / Oatmeal / Cold Cereals Scrambled Eggs / Cheeses Eggs Sausage links / patty / Bacon Assorted Pastries / biscuits Biscuits and Gravy/ Cottage Cheese	♥Fruit Selection ♥Oatmeal / Grits / Cold Cereals Scrambled Eggs / Cheese eggs Sausage Patty / links / bacon Tater Tots / English Muffins Assorted Pastries / Cottage Cheese/ Hash- browns	♥Fruit Selection ♥Grits / Oatmeal /cold Cereals Scrambled Eggs / cheese eggs Corned Beef hash Hash Brown / Cottage Cheese Sausage Patty / links /Bacon Assorted Pastries / biscuits
L U N C H	♥Grapes Fried Clams ♥Turkey and Bacon on Wheat Yams ♥Brussels Sprouts Rolls Cookies Sugar Free Cookie	♥Fruit Salad Greek Salad with Chicken ♥Roast Beef and Cheddar Sandwich Potato Gratin ♥Stewed Tomatoes Cornbread Coffee Ice Cream Sugar Free Ice Cream	♥House Salad Meatloaf ♥Egg Salad Platter Mashed Potatoes ♥Green Beans Cornmeal Biscuit Banana Foster Bread Pudding Sugar Free Ice Cream	♥Broccoli Cheddar Soup Fried Haddock ♥Grilled Chicken Breast Cous Cous Medley ♥Roasted Pesto Carrots Rolls Éclairs Sugar Free Cookies	♥Manhattan Clam Chowder ♥Tuna Melt Red Bean and Rice with Sausage Cheesy Rice ♥Vegetable Medley Rolls Cherry Pie Sugar Free Pie	♥Tomato Soup ♥Grilled Pork Ribeye 5 Cheese Grilled Cheese Loaded Potato Barrel ♥Vegetable Medley Rolls Blueberry Scones Sugar Free Cookie	Caesar Salad ♥Taco Salad Hot Dogs with Fixen's Sweet Potato Fries ♥Broccoli Assorted Rolls Banana Pudding No Sugar Added Pudding
D I N N E R	♥Chicken Noodle Soup Pepperoni Pizza ♥Tuna salad Platter Fingerling Potatoes ♥Peas Dinner Rolls Fruit Jello Sugar Free Jello	♥Caesar Salad Braised Pork Chops ♥Olive Oil Poached Cod Baked Potato ♥Portobello Mushroom Dinner Roll Buttermilk Pie NSA Custard	Thai Watermelon Salad Breaded Chicken Sandwich ♥Turkey and Brie with Cranberry Mayo Sandwich French Fries ♥Zucchini Wheat Roll Ice Cream Sandwiches Sugar Free Pudding	House Salad ♥Paella Ham and Swiss on Rye Roasted Root Vegetables ♥Corn Dinner Rolls Yellow Cake No Sugar Added Cake	Mixed Fruit Smoked St Louis Ribs ♥Stuffed Tomatoes ♥Butterbeans Flat Fries Garlic Bread Cheesecake No Sugar Added Pudding	House Salad ♥Chicken Salad Platter Stuffed Cabbage Potato Pearls ♥Edamame Succotash Dinner Rolls Sweet Potato Pie Sugar Free Red Velvet Cake	♥Red Pepper and Gouda Bisque ♥Roasted Flounder Fried Chicken Baked Sweet Potatoes ♥Baked Beans Dinner Roll Bomb Pops ♥Sugar Free Pie